

BIRTHDAYS!

3rd Jesse F
17th Haley B
18th. Vicki H
25th Chelan C
29th. Becky L

September 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
PLEASE <i>remember to bring HAT, WATER & SUN- SCREEN for all outdoor activities.</i>	2 <i>Labor Day—Closed</i> 	3 <i>9:00 Yoga 10-12 Pinecone Pick up 10:30-2:30 Art 1:00-2:10 GYM</i>	4  <i>Ok Falls Beach BBQ & Smores \$5</i>	5 <i>9-10 Tai Chi 10-12 Pinecone Pick up 1:00-2:10 GYM</i>	6 <i>9:00-Chair Yoga 10:30-2:30 Art / Activity 10:30 Bowling \$3.50 12:00 Lunch \$3 12:30 Ball Practice</i>	7
8	9 <i>9-10 Tai Chi 10:30-12 Education 12:30 SA Meeting 1:00 Activity</i>	10  <i>9:00 Yoga 10-12 Pinecone Pick up 10:30-2:30 Art 1:00-2:10 GYM</i>	11  <i>Kangaroo Farm 9:30-2 Bring bagged lunch \$10</i>	12  <i>9-10 Tai Chi 10-12 Pinecone Pick up 1:00-2:10 GYM</i>	13 <i>9:00-Chair Yoga 10-2 Keremeos Summer Fizzle Lunch and Dance \$10</i>	14
15	16 <i>9-10 Tai Chi 10:30-12 Education 12:30 SA Meeting 1:00 Activity</i>	17  <i>9:00 Yoga 10-12 Pinecone Pick up 10:30-2:30 Art 1:00-2:10 GYM</i>	18  <i>Jersey Day/Baseball Bring bag lunch 10:00-2:00</i>	19  <i>9-10 Tai Chi 10-12 Pinecone Pick up 1:00-2:10 GYM</i>	20 <i>9:00-Chair Yoga 10:30-2:30 Art / Activity 10:30 Bowling \$3.50 12:00 Lunch \$3 12:30 Activity</i>	21 
22 	23 <i>9-10 Tai Chi 10:30-12 Education 1:00 Activity FIRST DAY OF FALL</i>	24  <i>9:00 Yoga 10-12 Pinecone Pick up 10:30-2:30 Art 1:00-2:10 GYM</i>	25  <i>Hike at Apex and drink Bring a bagged lunch \$5</i>	26  <i>9-10 Tai Chi 10-12 Pinecone Pick up 1:00-2:10 GYM</i>	27 <i>9:00-Chair Yoga 10:30-2:30 Art / Activity 10:30 Bowling \$3.50 12:00 Lunch \$3 12:30 Activity</i>	28 
29	30 <i>9-10 Tai Chi 10:30-12 Education 1:00 Activity</i>					